

Clinical Supervision Services for Care and Support Staff & Teams

Reconstruct provides high-quality clinical supervision services for care staff and frontline teams working within children's, adults and family services. Our experienced supervisors offer reflective, supportive and structured sessions that strengthen practice, promote emotional wellbeing and enhance the quality of care and support delivered to children, young people and vulnerable adults and families.

We offer flexible clinical supervision options for diverse care and support teams, including:

- Individual clinical supervision for residential childcare workers, support workers and education staff
- Group clinical supervision for teams, shifts or service areas
- Thematic or specialist supervision (e.g. trauma-informed practice, safeguarding, behaviour management, risk response)
- Ad-hoc or emergency supervision sessions during periods of heightened pressure, significant incidents or complex cases

All sessions are delivered by qualified clinicians or senior practitioners with extensive experience in care and support settings and expertise in trauma, safeguarding, emotional wellbeing and therapeutic care. Our approach is reflective, restorative and grounded in best practice across all sectors of care and support services.

Clinical supervision assists care and support teams to:

- Reflect on challenging situations and their emotional impact
- Strengthen trauma-informed, relationship-based practice
- Build confidence in managing risk, behaviours and safeguarding concerns
- Improve communication, emotional regulation and professional boundaries
- Reduce stress, burnout and the effects of vicarious trauma
- Deliver high-quality, consistent care in line with regulatory expectations across England, Wales and Scotland

Where appropriate and agreed, Reconstruct can also provide summary insights or thematic feedback after supervision cycles to support team development, service improvement and organisational learning.

Flexible supervision packages are available, from one-off sessions to regular monthly programmes.