



✓ WHO IS THE COURSE FOR?

Fit for practice with looked after young people is an integrated and holistic training package. It is relevant to everyone who works with looked after young people and care leavers, including:

- MANAGERS
- SOCIAL WORKERS
- FOSTER CARERS
- FAMILY CENTRES
- YOUTH OFFENDER SERVICES
- RESIDENTIAL CHILDCARE WORKERS
- DESIGNATED TEACHERS
- CONNEXIONS PERSONAL ADVISORS
- LEAVING CARE TEAMS
- HEALTHCARE PROFESSIONALS
- STUDENTS

✓ ABOUT THE COURSE

The package can be implemented as a six-day course or dipped into as a resource to supplement other packages. It contains background material, suggested training programmes and exercises with detailed notes. As well as structured briefings on CD using PowerPoint (with notes) and OHPs, each module includes exercises using Reconstruct's renowned technique of improving the 'professional' by better understanding the 'personal'. In encouraging participants to reflect on their own experiences and bridging the barriers between the service and its users, each module aims to bring about a change in attitude that will influence practice for years to come.

✓ ABOUT THE EDITOR

John Woodhouse is a children's practitioner with a background to management level in both residential and fieldwork social care settings. He is Chair of Children's Rights Officers and Advocates (CROA) for England and Wales and is well placed to listen to and communicate the issues facing today's young people in the care system. John is an experienced trainer and consultant with Reconstruct and has delivered this and similar training across the country with outstanding feedback from participants.

FIT FOR PRACTICE WITH LOOKED AFTER YOUNG PEOPLE



A RECONSTRUCT TRAINING MANUAL
EDITED BY JOHN WOODHOUSE

HOW TO ORDER

Please complete in block capitals.

The manual costs £175 (plus £10 post and packing) plus VAT. Available on 14 days approval.

Name: Job Title/Designation:

Organisation:

Address:

.....

Tel: E-mail:

Address for invoicing (if different from above):

.....

Signed: Total number of packs required:

+£10 post and packing per pack:

Total cost inc. VAT:

For more information call: 01225 780145

Return to: Reconstruct Ltd, 26 Sarum Complex, Salisbury Road, Uxbridge, Middlesex, UB8 2RZ.

Or fax to: 01895 251852

reconstruct ◆ ● ■
improving services for young people

Bespoke training or consultancy based on this training package can be delivered by Reconstruct from £660 per day. Our research précis service is also available from only £35 per annum. Reconstruct has an enviable reputation for positive feedback and delivering change. We have worked to improve services for children with most local authorities across England, Wales and Scotland.

Visit our website at:
www.reconstruct.co.uk

Includes free downloads of our training handouts, details of forthcoming events, useful links and a bookshop.

For general enquiries email: office@reconstruct.co.uk



reconstruct ◆ ● ■
improving services for young people

www.reconstruct.co.uk

WE'RE IMPROVING OUTCOMES FOR LOOKED AFTER YOUNG PEOPLE...

...BUT THERE IS STILL A LOT TO DO.

RESEARCH OVER RECENT YEARS HAS SHOWN A TREND TOWARDS BETTER OUTCOMES FOR YOUNG PEOPLE LEAVING CARE.

IT SHOWS THERE IS A POSITIVE CHANGE FOR THOSE YOUNG PEOPLE WE LOOK AFTER IN THE LONG TERM.

HOWEVER IT ALSO SHOWS THERE IS STILL ROOM FOR IMPROVEMENT.

This six-module training manual focuses on providing core training for those working with looked after young people. It covers legislation, 'what works,' research, diversity and direct work techniques. Backed up by a substantial reader consolidating many recent studies, *Fit for practice with looked after young people* challenges the myth that most young people we accommodate would have been better off being left at home, and encourages practitioners to feel confident in a reflective, analytic approach that tailors care packages to the needs of individual young people.



✓ ABOUT THE READER

This comprehensive book provides background material to help those running the course. It can also be used as a resource to be dipped into with further pointers to recent research in the following areas:

ATTACHMENT AND RESILIENCE
THE LAC AND LEGAL FRAMEWORK
THE DECISION AROUND BRINGING CHILDREN INTO CARE
LIVING AWAY FROM HOME - THOUGHTS AND FEELINGS
CARE PLANNING AND PERMANENCY
TRANSITION PLANNING (DISABILITY, AFTERCARE, RETURNING HOME)

✓ TOPICS INCLUDE:

Disability, Parental views, Care planning, Adoption, Care leavers, Mental health, Sibling contact, Direct work techniques, After Utting: Safeguard Review, Friendship, self-esteem and resilience, Caring for children who sexually abuse, Grief, loss and resilience, Unaccompanied asylum seeking young people, Legislation and the judicial process, Health needs of looked after young people, Speaking to young people alone.



COURSE MODULES



1 ACCOMMODATING YOUNG PEOPLE

Addresses the thinking behind bringing young people into care; the impact of placing a child; initial assessment and planning; and gives an overview of the outcomes, practice and pitfalls for young people coming into the system.



2 THE YOUNG PERSON'S RECORD

Considers the purpose of record-keeping, and the impression it can leave on people, in the context of the Human Rights Act 1998 and the Data Protection Act 1998. It presents a structured, analytic and action-led approach to recording that gives practitioners the confidence to record concisely and purposefully, and keep the focus strongly on the young person.

3 RESILIENCE & CHILD DEVELOPMENT

Considers attachment theory and resilience in the modern context of caring for children. This module helps the worker to understand young people's behaviour, anticipating difficulties and working to a strengths-based assessment model.



4 LOSS AND SEPARATION

Covers the difficulties young people face in living away from home; from the initial trauma of separation, to an understanding of the stigma young people in care face in today's society, to realistic strategies that young people and professionals may adopt to manage these issues.

5 PLANNING FOR THE FUTURE

Looks at care planning for permanence in a variety of ways, from long-term placement with family, through fostering or adoption, including an overview of the life story work process.



6 REACHING OUT

Considers the leaving care process not as a move to independence, but more as a move to developing and integrating into new and more permanent networks, together with a consolidation of the young person's skills and knowledge base. This module covers the Children (Leaving Care) Act 2000 from a practitioner's standpoint.